




Global Perinatal Services End of Year Report 2023



January 26th, 2024
This presentation will be recorded



Agenda



01 About GPS

GPS Mission Statement, Who We Serve, New Staff, & Grants/Partnerships

02 Events


Trainings, Classes and Celebrations

03 Our Services

Take a look at how our programs have impacted the community

04 Closing

What to Expect for 2024 & Questions



Email:
info@globalperinatal.org

Phone:
206.679.0782

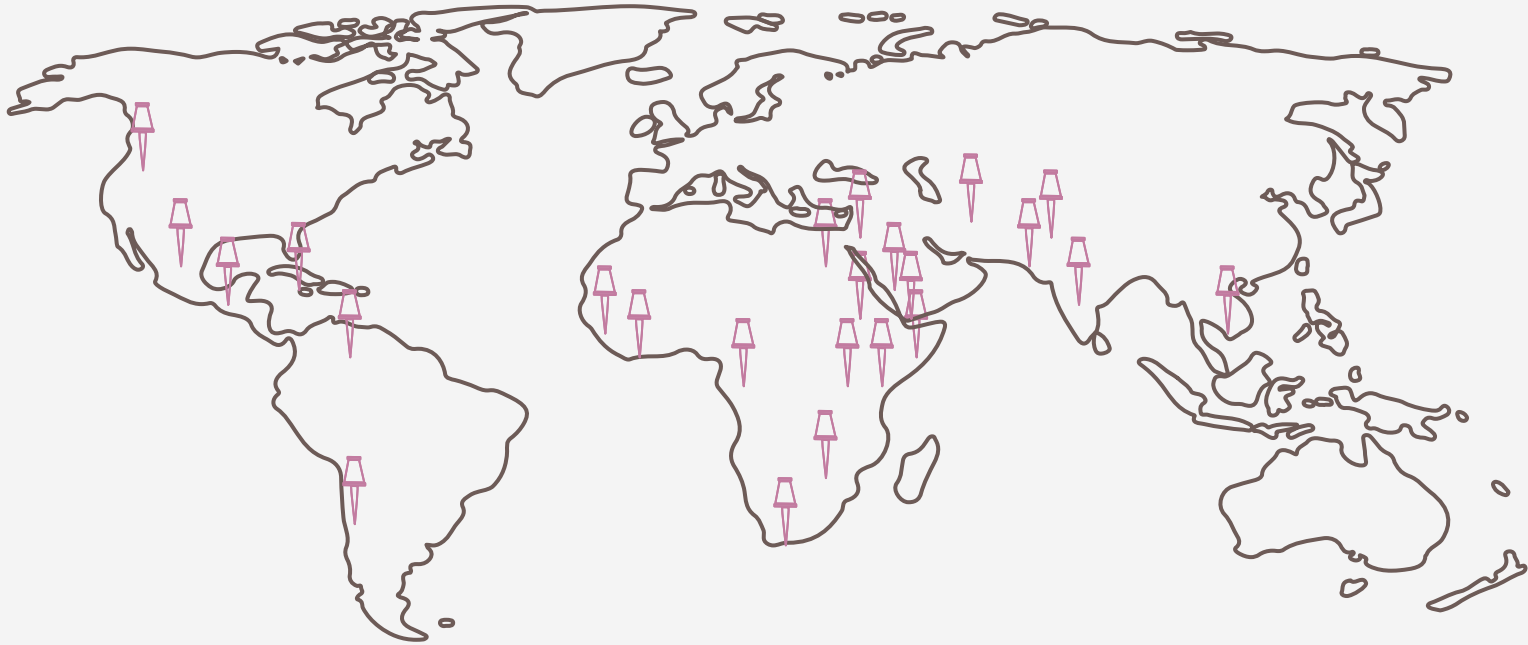


01

About **GPS**



Who We Serve



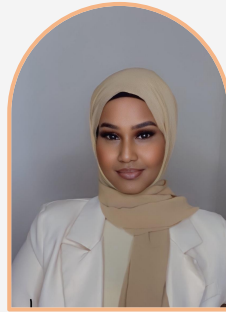
Languages Available: Somali, Amharic, Tigrinya, Arabic, Spanish, Darsi, Farsi, Pashto, Oromo, Bambara, Tagalog, French, English, and many more

New Staff in 2023



**Imee
Pajimula**

Doula Services
Coordinator



**Ayan
Hassan**

East African Case
Manager



**Binta
Niang**

Community Midwife

New Staff Changes in 2023



**Yasmin
Mahamed**

Programs Manager



**Denise
Felipe**

Perinatal & Lactation
Program Manager

2023 Grants/Partnerships



**WA State
Department of Health**
Birth Equity Project (BEP)

**DSHS Office of Refugee
and Immigrant Assistance
(ORIA)**
Serving the Afghan refugee
community



**King County Best
Starts for Kids (BSK)**
Lactation & Perinatal Support
Services (LPSS) & Home-Based
Services (HBS)

**Pacific Hospital
Preservation &
Development Authority
(PHPDA)**
Doula Advocacy Project &
Black Bundle of Joy (BBJ)



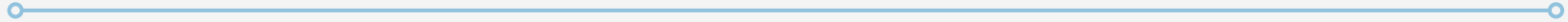
Strategic Planning



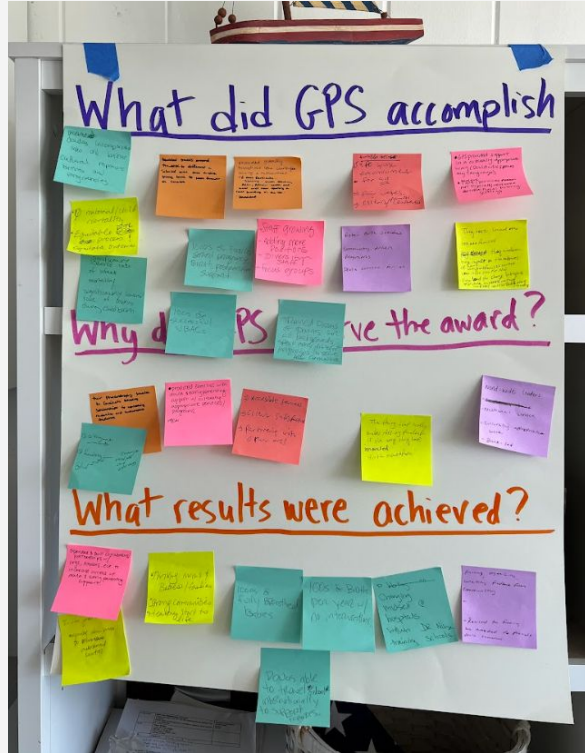
In March 2023 GPS began the Strategic planning process aimed at:

- Transforming our mission and vision
- Setting up GPS 5 year Goals
- Strengthening operations

This 6 month process involved working with our SP Committee (Consultant, GPS Staff & Board Members) as we collected feedback from our community partners, clients we service and staff (full/part time & contracted)




Strategic Planning Process





Mission statement



To create culturally responsive pregnancy and parenting experiences for Black, immigrant, and refugee families.

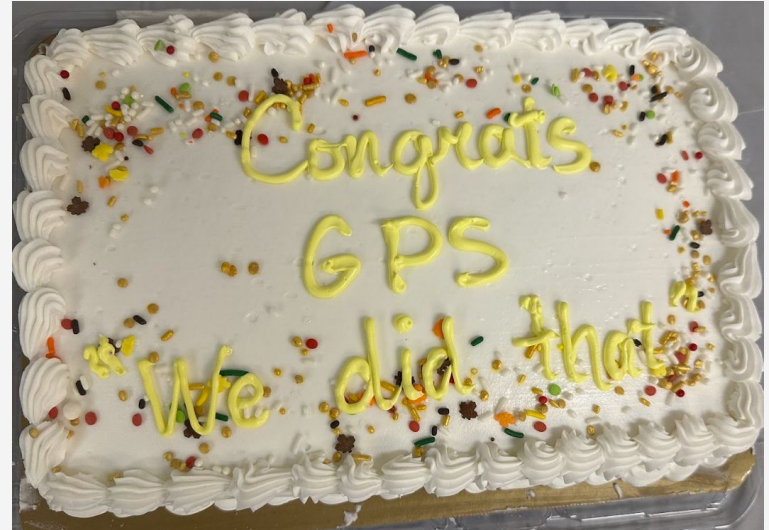


Our Vision

Every mother and baby survive and thrive through pregnancy, labor, and beyond



Strategic Planning Celebration



GPS & NCH Project

Postpartum Doula Project

From March to July 2023, GPS partnered with NeighborCare Health Seattle Clinics for a short-term project that aims to provide Postpartum Doulas.

83 Hours of Postpartum Doula Support Provided to families in Seattle.



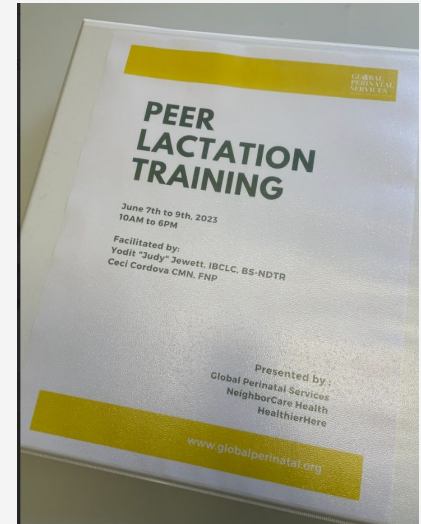
Lactation Peer Support Training

In June 7th-9th 2023, GPS Hosted a 3-day in person training that covered the basics of lactation support for GPS Contracted Doulas and NeighborCare Health perinatal clinic staff. Facilitated by Yodit "Judy" Jewett, IBCLC and Ceci Cardova, CM & IBCLC.

9 Participants

24 Hours of Lactation Education Provided

Lactation Peer Support Training





02

GPS Events



Doula Cafe: TENS Unit Training

In April 2023, GPS hosted our Doula Cafe in person by offering a TENS (Transcutaneous Electrical Nerve Stimulation) Unit Training Facilitated by Kim James.

10 attendees were at the training



GPS Community Cafes

In May 2023, GPS held 3 focus Community Cafes aimed at community members sharing their experiences with health providers in King County during pregnancy, delivery, postpartum, pediatrics and family practice.

\$70 stipend and lunch were provided

In Partnership with Child Mortality Prevention Program at Public Health – Seattle & King County

GPS Staff

May 22nd, 2023

African American

May 23rd, 2023

Immigrant & Refugee

May 24th, 2023

22 Participants were able to share their experiences

GPS Focus Groups Photos



GLOBAL PERINATAL SERVICES
PERINATAL'S PARENTS OF GLOBAL

Voices Needed

GPS is looking for community members to share their experiences with health providers in King County during pregnancy, delivery, postpartum, pediatrics and family practice.

Registration is open until first 12 participants. Email confirmation will be sent out.

REQUIREMENTS:

- Identify as African American
- Medical Care within King County

DATE & TIME
Tuesday, May 23rd, 2023 from 12-2PM

LOCATION
15203 8th Ave. S. Burien, WA 98148

Register for the event:  ***\$70 Stipend and Lunch Provided***

More Information:  206.479.0762  info@globalperinatal.org



GLOBAL PERINATAL SERVICES
PERINATAL'S PARENTS OF GLOBAL

YOUR VOICE MATTERS.

Immigrant & Refugee Focus Group

GPS is looking for community members to share their experiences with health providers in King County during pregnancy, delivery, postpartum, pediatrics and family practice.

Registration is open until first 12 participants. Email confirmation will be sent out.

DATE & TIME
Wednesday, May 24th, 2023 @ 11-1pm

LOCATION
15203 8th Ave. S. Burien, WA 98148

REQUIREMENTS:

- Identify as Immigrant/Refugee
- Medical Care within King County

\$70 Stipend and Lunch Provided

Register for the event: 

More Information:  206.479.0762  info@globalperinatal.org

Black Breastfeeding Week Celebration



In August 2023, GPS hosted our annual celebration of Black Breastfeeding week. This year our theme was honoring and pampering mothers with yummy food and giveaways.

Over 20+ attendees were at the event

Black Breastfeeding Week Celebration



Graduate Practicum Projects

GPS has become a partnering site for the University of Washington School of Public Health. In 2023, GPS worked with 3 Graduate Students complete their practicum project.

GPS Needs Assessment

Ayan facilitated an organization wide needs assessment that was used for program development and Strategic Planning



Attitudes on Breastfeeding Project

Lauren created a survey to capture data regarding breastfeeding during the formula shortage in 2022.

Dua conducted virtual interviews to capture qualitative data on people's choices

BIPOC Birthworkers Needs Assessment

GPS partnered with Perigee to hold a BIPOC Birthworkers Needs Assessment for Central and Eastern Washington

We have conducted multiple interviews with birth workers over Zoom .

Final Report Coming Soon!



03

Programs & Services



Our Programs/Services



Doula Support



**Case
Management**



**Child
Development**



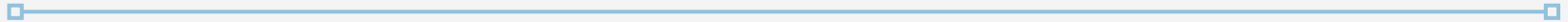
**Perinatal &
Lactation**



**Parent Support
Groups**



**GPS Doula
Certification**





Doula Services

Community Based, Birth Doula, & Postpartum Doulas



Community-Based Doula

Long Term (up to 1 year after birth)

2 Trained and Certified Doulas

Language Available: Somali



Birth Doula

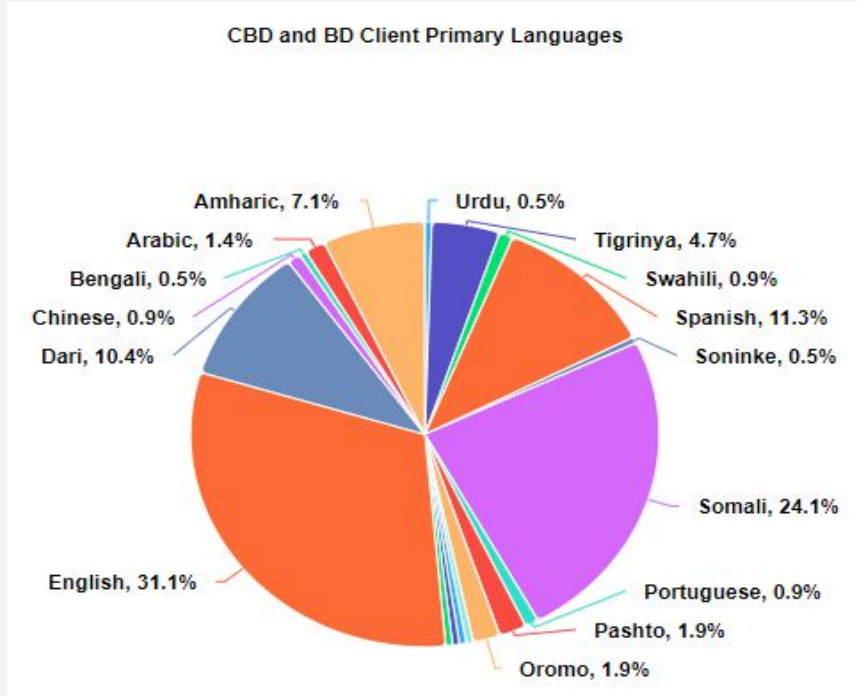
Short Term Doula Support (about 1-3 months)

18 Labor Support Doulas Trained and Certified Doulas

13 Languages Available: Somali, Amharic, Tigrinya, Farsi, Dari, Pashto Arabic, Bambara, Oromo, Spanish, Swahili, French & English



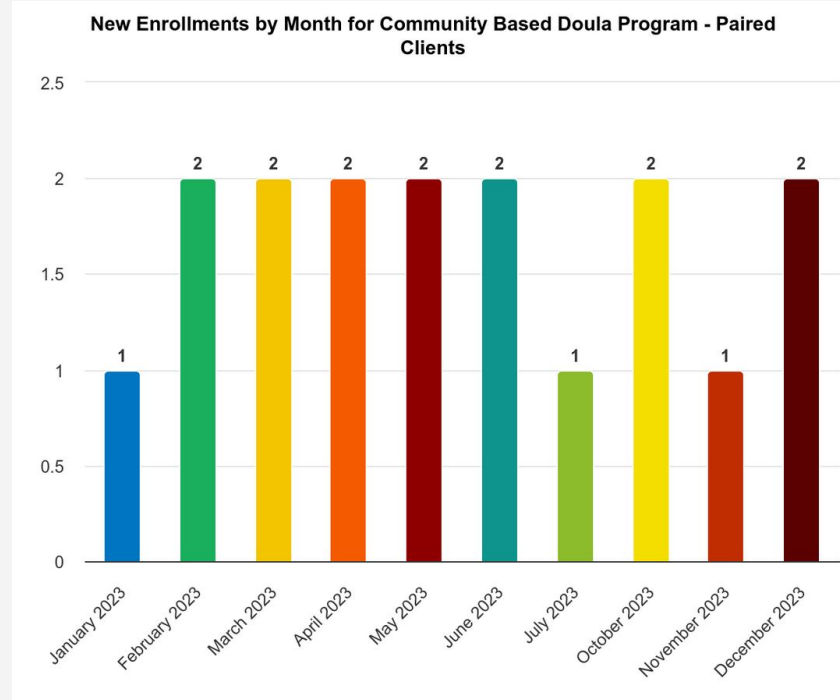
Primary Languages



In 2023, we served over 146 clients with a Primary language other than English.

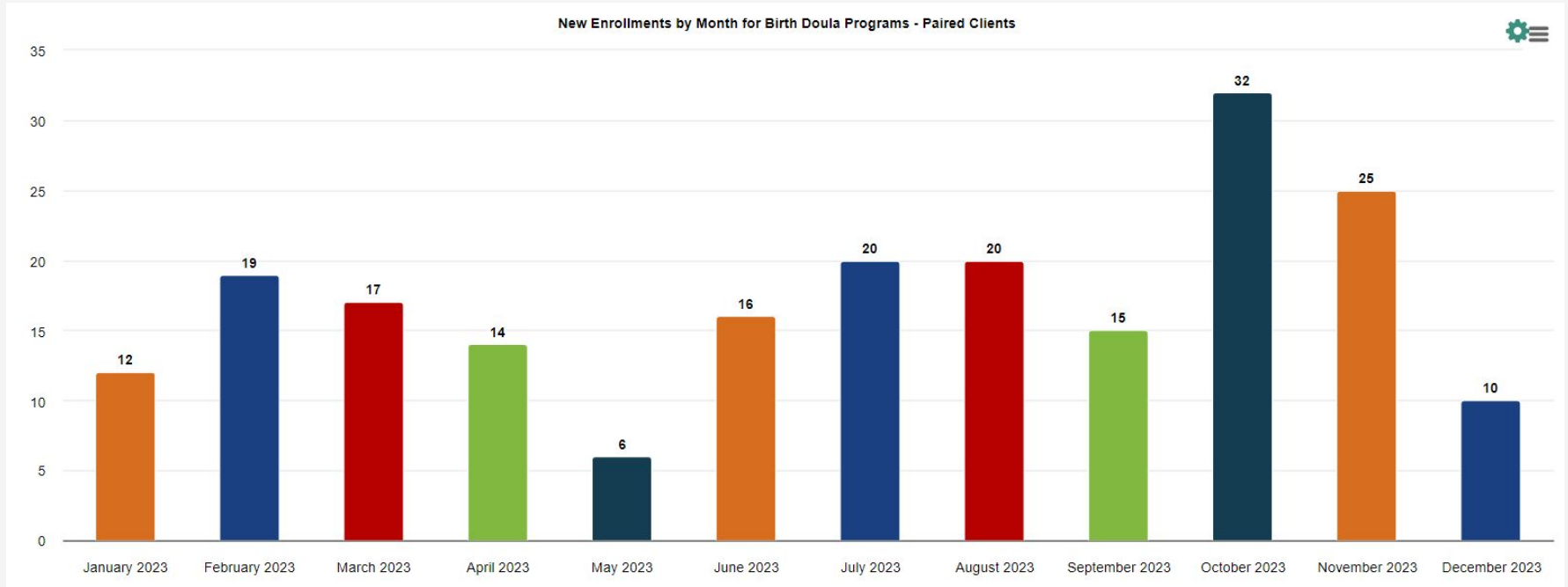
- 24.1% Somali speakers
- 11.3% Spanish speakers
- 10.4% Dari speakers
- 7.1% Amharic speakers
- 31.1% English speakers

New Enrollments CBD Program



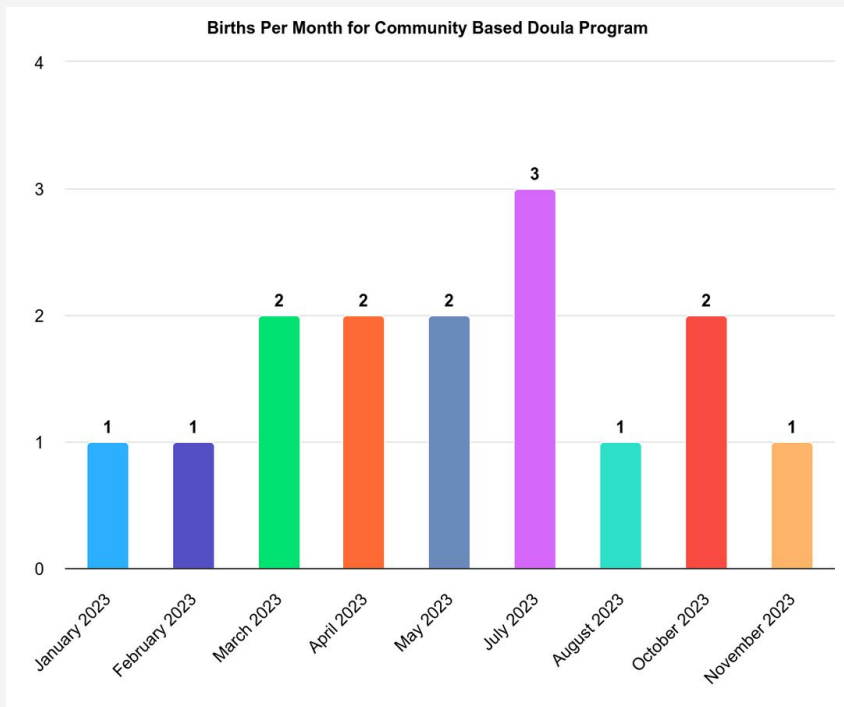
Total: 18 Enrollments

New Enrollments BD Program

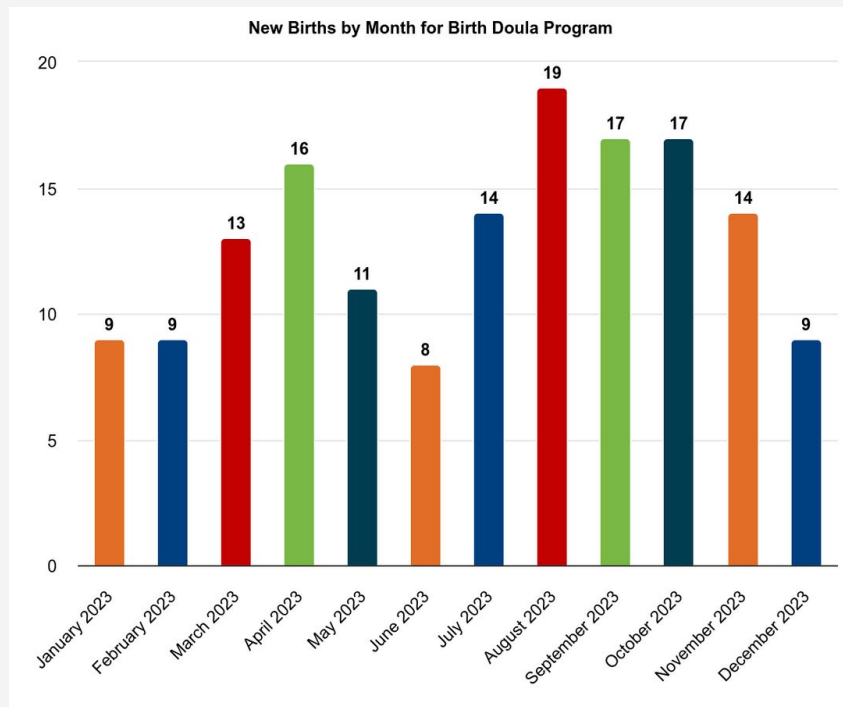


Total: 206 Enrollments

Births per Month

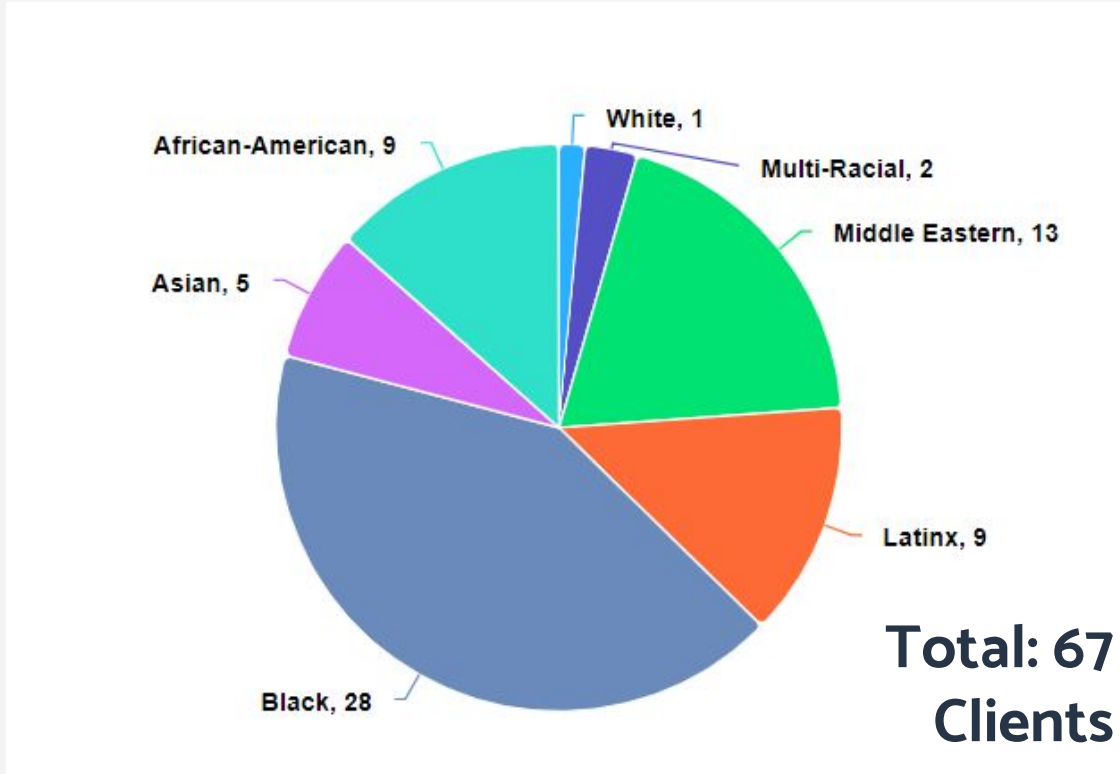


Total: 15 Births



Total: 156 Births

First-Time Parents

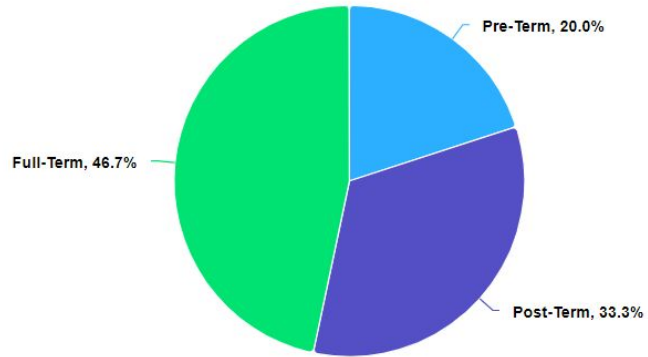


Method of Births

	BIRTH DOULA (156)	COMMUNITY- BASED (15)
Vaginal	71.8%	80%
Planned C-Section	10.9%	0%
Unplanned C-Section	17.3%	20%

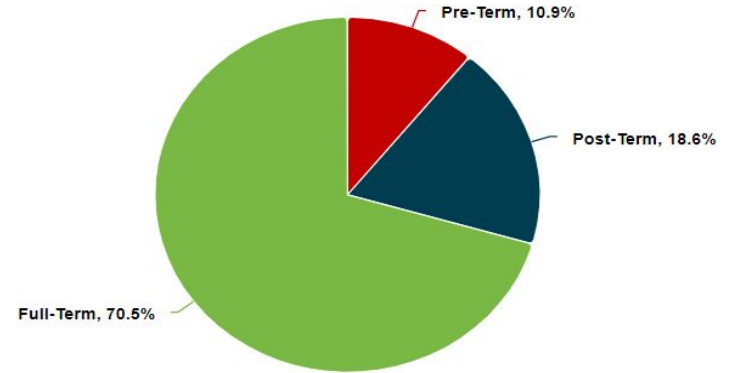
Preterm Births

Term Births for Community Based Doula Program



Preterm: 3 out of 15 Births

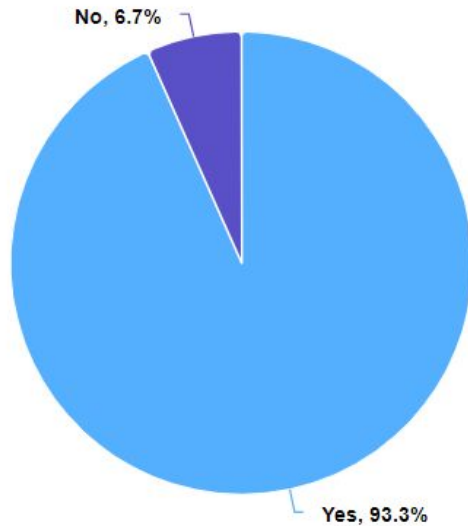
Term Birth for Birth Doula Program



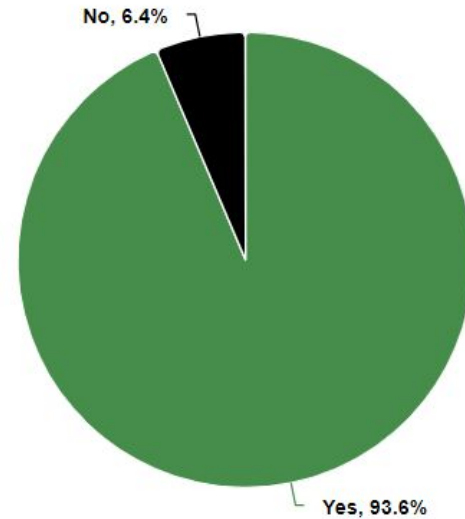
Preterm: 17 out of 156 Births

Breastfeeding Initiation

Breastfeeding Initiated at Birth for Community Based Doula Program

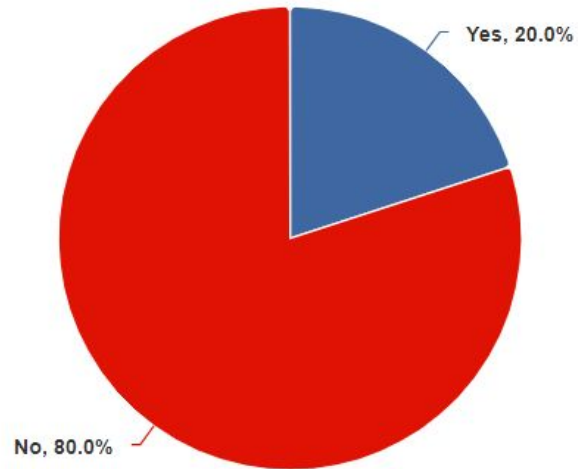


Breastfeeding at Birth for Birth Doula Program



NICU Admission

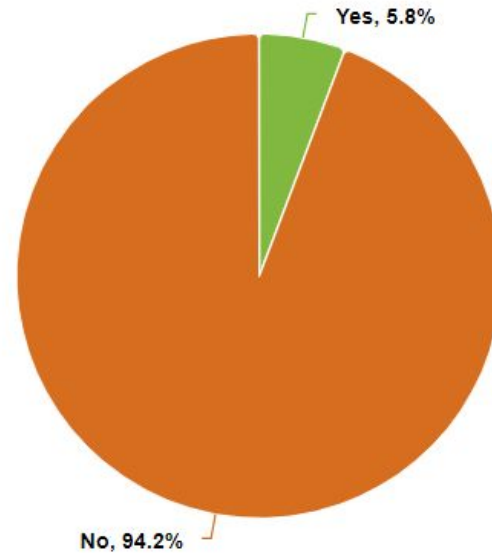
NICU Admission for Community Based Doula Program



Admissions: 3 out of 15 Births

Data as of 01/09/2024

NICU Admissions for Birth Doula Program



Admissions: 9 out of 156 Births



Postpartum Doula

20hr postpartum Doula Support for parents with newborns and babies up to 6 months of ageP

POSTPARTUM DOULA SUPPORT

GLOBAL PERINATAL SERVICES
PREGNANCY, PARENTING & BEYOND

GPS 20HR POSTPARTUM DOULA SUPPORT

Global Perinatal Services now offers 20 hours of postpartum care for clients with a newborn and babies (up to 6 months)



What does a Postpartum Doula do?

- Provide support and answer questions about newborn care and breastfeeding.
- Provide assistance with baby feeding, organizing baby items, bathing baby, etc.
- Help with breastfeeding techniques, positioning, comfort, and encouragement, as necessary.
- Give birthing parent time to rest

REGISTRATION:

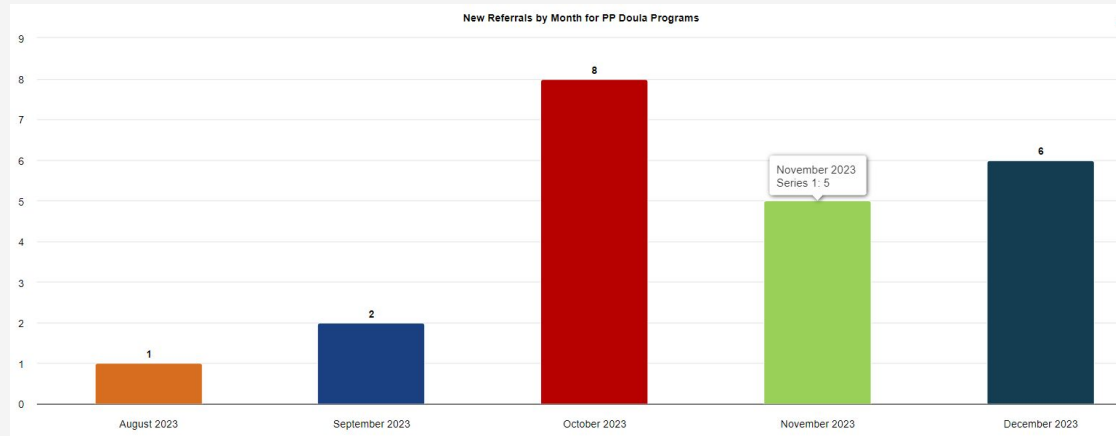
For new clients, please contact GPS Doula Services Coordinator at imee@globalperinatal.org. OR (206)900-9103

For current clients: please sign the Postpartum Doula Services Client Agreement: <https://tinyurl.com/3yr8f75a>

Scan here!



The program launched in August 2023 to provide 20 hours of Postpartum support for parents needing assistance with their babies.





Case Management

Afghan, East African & African American Communities

Case Management

Case Management program include providing birth doula services, postpartum support, childbirth education, lactation support services in person or virtual, and as a resource connector, referring to other supports.

Eligibility:

- Immigrant, Refugee or Black or African-American
 - Child within prenatal to 5 years old
 - King County and Pierce County (Washington State)
 - For Doula Program: Low-income, Medicaid recipient, or DSHS recipient
-

Perinatal Case Managers



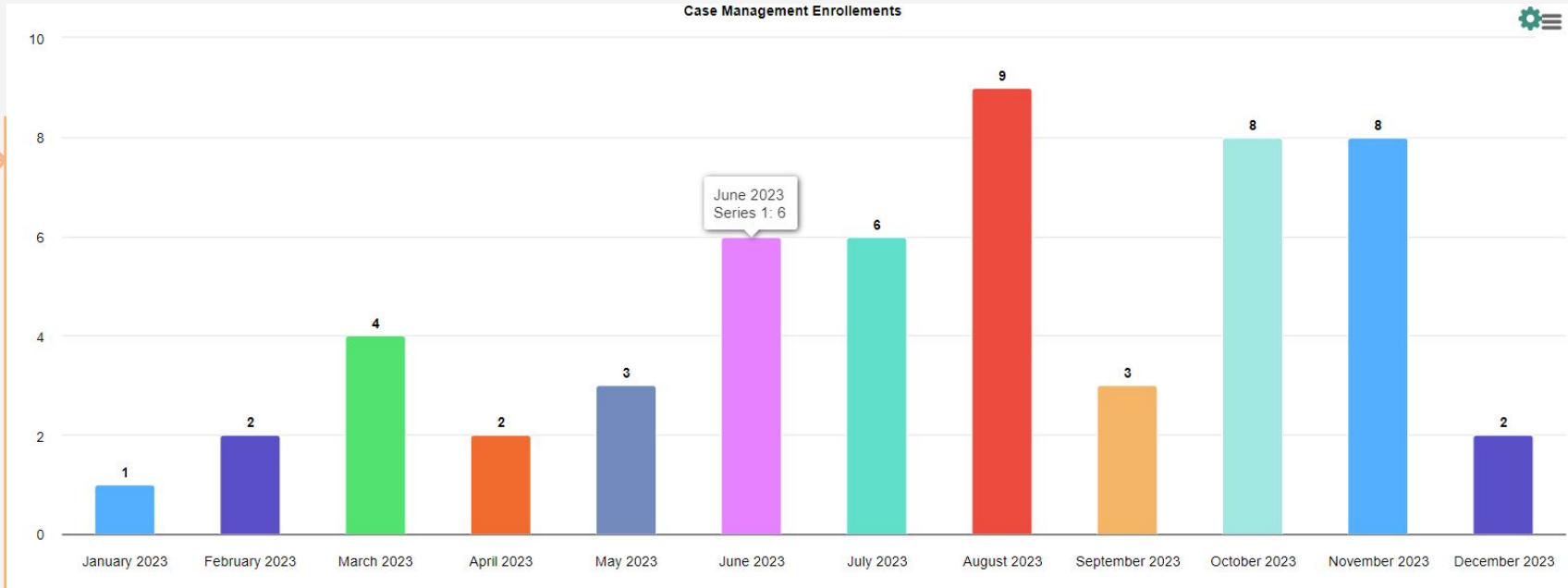
Sodaba: Afghan Case Manager



Ayan: East African Case Manager

- Serve clients with children within the ages prenatal and up to 5 years old.
- Provides wrap-around services to expecting parents of the African American, East African and Afghan community.

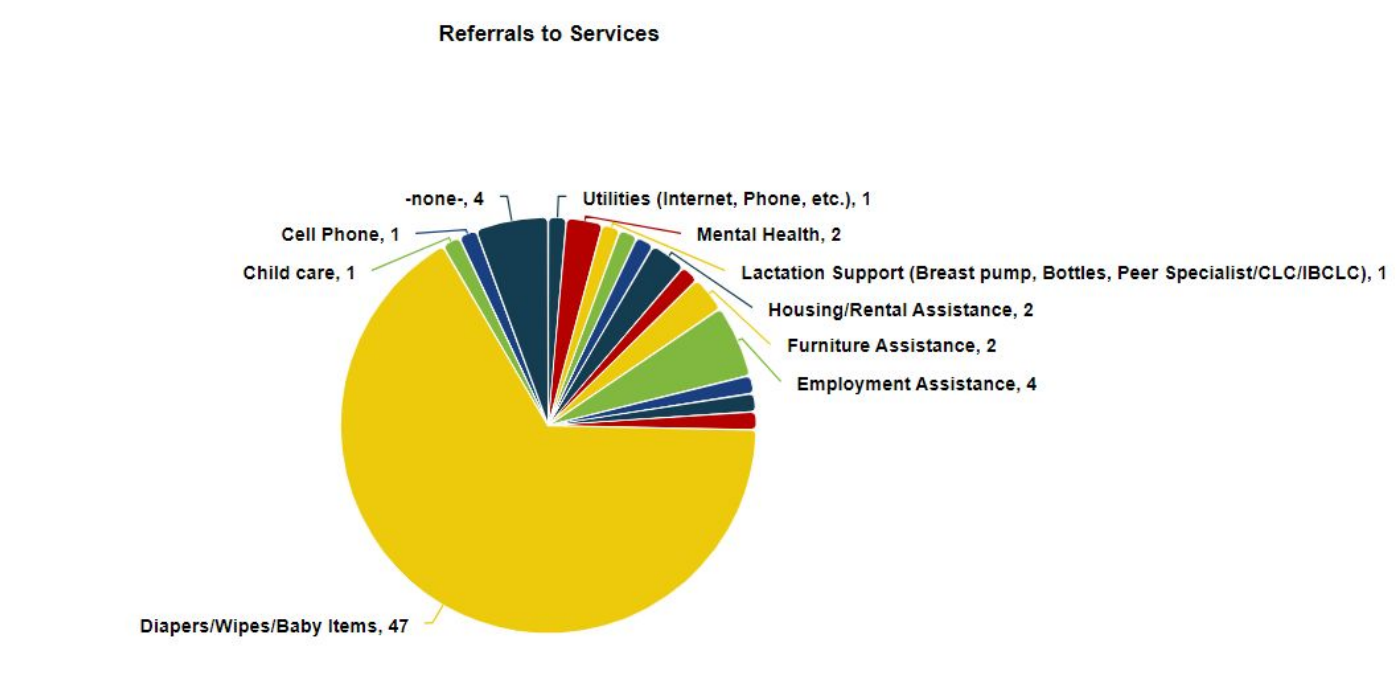
CM Enrollments



Total: 54 Clients

Data as of 01/09/2024

CM Referrals to Services



Total: 71 External Referrals



ASQ-3 Screening

Child Development Program

What is ASQ-3?

ASQ-3 stands for Ages and Stages (version 3) and is a set of simple questionnaires about a child's development. These questionnaires look at how the child is doing in areas such as language, movement, and social skills. ASQ-3 can help identify your child's strengths as well as any areas of challenge. Early detection and intervention of possible developmental delays have a positive impact on health outcomes.

As of July 2023, we have reduced the number of ASQ-3 screenings due to our grant period ending. But GPS is still offering screenings interested families.



ASQ-3 Screenings

Top 3 Languages Spoken:

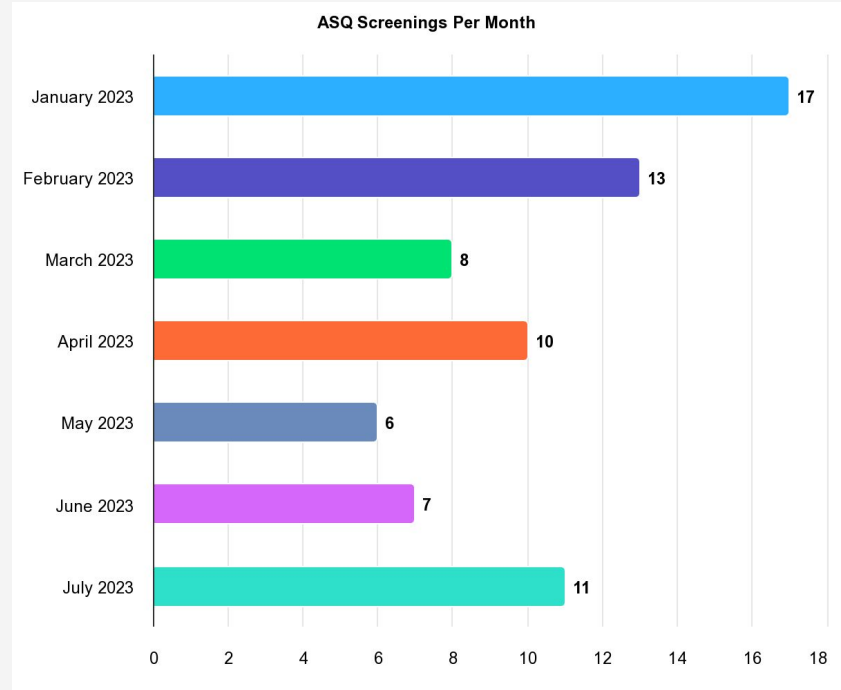


72

Screenings
Completed in 2023

\$2,160

Total Amount of
Stipends Provided





Perinatal & Lactation

Birthworker Lactation Mentorship & Easy Access Clinic

Perinatal & Lactation

GPS offers free access to culturally relevant and congruent lactation and perinatal supports for families who would lack access otherwise.

We also expand the field of lactation consultants that reflect the community and have the expertise to serve families equitably.

Programs

- Easy Access Clinic
- Weekly Hybrid & Drop-in Lactation Lounges
- Lactation Hotline (+1 888 260 1426)
- IBCLC Home Visiting
- Childbirth Education Classes

P&L Data

Easy Access Clinic

Clinic Days: **10**
Clients Served: **14**
Opened on Nov. 9th

IBCLC Consultations

of Clients: **5**

Lactation Lounge

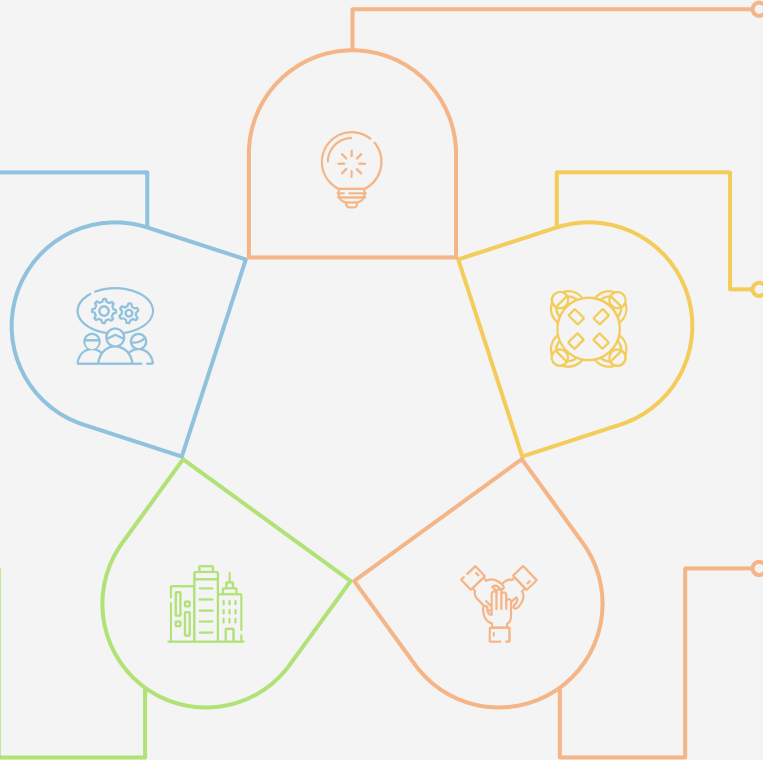
of Sessions: **40**
of Attendees: **128**

Childbirth Education

of Sessions: **5**
of Attendees: **18**

Lactation Mentorship

of Sessions: **2**
of Attendees: **18**
Began in Nov. 2023





Support Groups

Support Groups & Classes

of Attendees

Mom's Corner

12 Sessions

Facilitator: Zeinab Farole

Topics Covered: Intergenerational Trauma & Women's Health

216

184

Oromo Sister's Corner:

16 Sessions

: Ummalkhayri Abdala

Topics Covered: Self Care and Family Outdoor Days

Afghani Sister's Group:

10 Sessions

Facilitator: Sodaba Pahlavi

Topics Covered: Driving and Employment Resources

560

49

Father-to-Father Support Group:

6 Sessions

Facilitator: Ilyas Sheikh-Ali

Topics Covered: Men's Health & Fatherhood+Trauma





GPS Doula Certification

About GPS Doula Certification

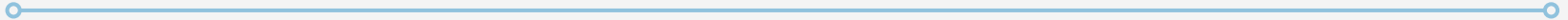
GPS Doula is a program that is part of Global Perinatal Services.

GPS DOULAS

Certifying Doula Locally & Globally

Mission: To provide an excellent doula certification pathway based on a competency assessment that ensures that the doulas are competent and professional in their profession roles.

Vision: That all birthing people who want doula services should have access to doula services. Doulas are seen as an essential part of healthcare. Doulas are paid fair compensation. Doulas have access to continuing education opportunities.



22

Number of Doulas Certified in 2023

24

Number of Doulas who are still in the Certification Process

27

BIPOC Doulas



04

Closing



What to Expect in **2024**



**Strengthening
Current Programs**



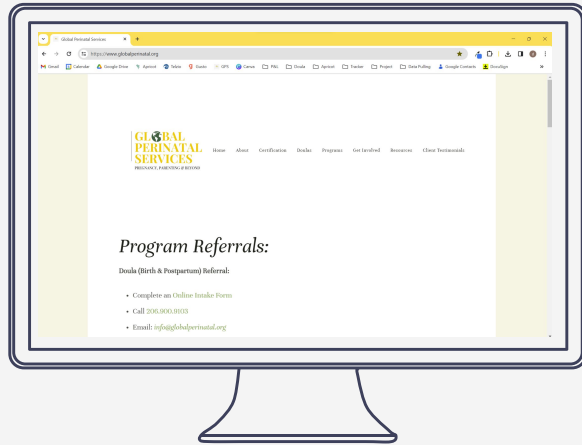
**Hire a Mental
Health Provider**



**More GPS Doula
Certifications**



Stay Connected



Website: GlobalPerinatal.org

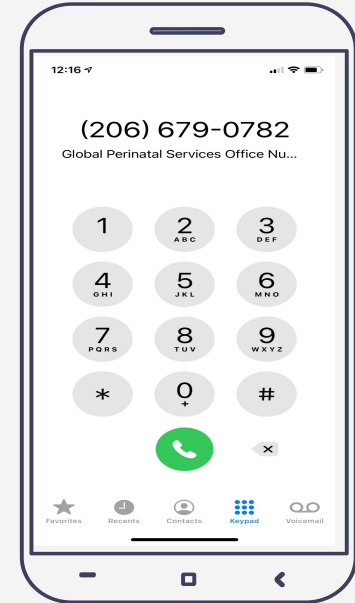
Email

info@globalperinatal.org



Instagram:

[@GlobalPerinatalServices](https://www.instagram.com/GlobalPerinatalServices)



Phone Number

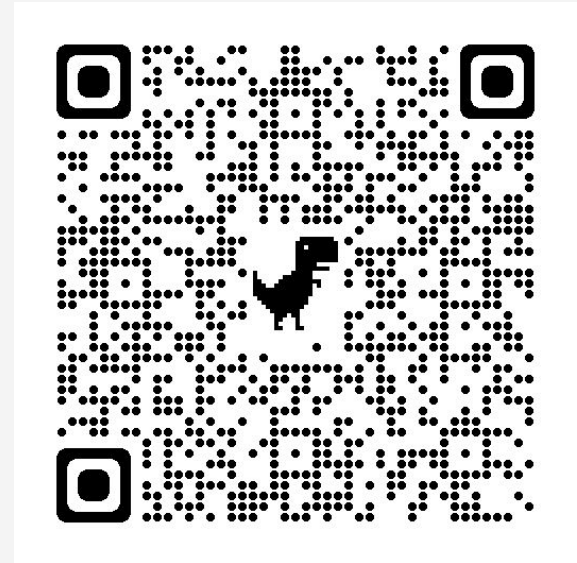
206.679.0782

Referrals to GPS Doula Programs

Complete an online intake form:

Doula (Birth & Postpartum) or Case
Management:

<https://a106944.socialsolutionsportal.com/apricot-intake/8f2c5fa5-99e6-4fdc-9aa0-53c94963e557>



Referrals to GPS Easy Access Clinic



Schedule Online:

<https://gpseasyaccessclinic.setmore.com>

Thanks!

Do you have any questions?

info@globalperinatal.org

206.679.0782

globalperinatal.org



CREDITS: This presentation template was created by **Slidesgo**, and includes icons by **Flaticon** and infographics & images by **Freepik**

Please keep this slide for attribution